

This is my experience and involvement in the Terry Fox Marathon held in Dehradun. Over the course of four years, I had the incredible privilege of not only participating as a runner but also dedicating my time and efforts as a social service worker for one of those years. The Terry Fox Run holds immense significance globally, symbolizing resilience, hope, and collective action against cancer. Bringing this impactful event to Dehradun exemplifies our cities and schools commitment to supporting cancer research and honoring Terry Fox's enduring legacy. My consistent participation as a runner was a personal journey of endurance, dedication, and unwavering support for this vital cause. Moreover, volunteering as a social service worker provided me with a unique perspective, allowing me to contribute beyond the track, aiding in the seamless execution and success of the marathon. This experience has profoundly shaped my understanding of community engagement, perseverance, and the power of collective action in championing significant causes. Overall it was an amazing experience and I would love to take part in such activities.